

# Your Alliance for Lasting Recovery



**The Pointe Malibu**  
Recovery Center

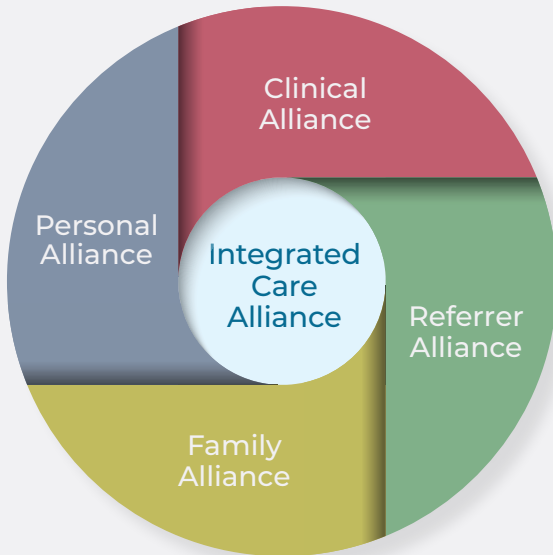
[ThePointeMalibu.com](http://ThePointeMalibu.com)

## Connections of Uncommon Strength

You've come to realize that success is not simply defined by wealth, importance or fame. Each of those pursuits comes with its own set of demands, expectations and disappointments. But when they prove too much, and you find yourself powerless to control alcohol or drugs, The Pointe Malibu Recovery Center is there with understanding, compassion and an exquisite roadmap for recovery. We offer individualized, concierge-style service and ultra-luxury accommodations, with intensive one-on-one personal care from a full-time staff of esteemed medical and clinical professionals.

### Integrated Care Alliance

What sets The Pointe Malibu apart is not just our world-class facility of beachfront recovery residences with ocean vistas. It is also our unique Integrated Care Alliance that links our Medical/Clinical Team, your Referring Professional, your Family Members and You, for a total, unbroken commitment to restoring your well-being.



### A Path to Lasting Recovery

Addressing addiction and co-occurring mental health and medical issues concurrently, we utilize these complementing treatment modalities that break the self-sabotaging cycle and provide the foundation for your lasting recovery.



#### Evidence-Based Treatment

We rely on verifiable scientific evidence that supports the effectiveness of selected treatments.

#### Abstinence-Based Treatment

Our abstinence-based approach to drugs, alcohol and certain support medications is rooted in its proven track record for safety and success.

#### Holistic-Based Treatment

Holistic therapies are designed to bring the mind, body and spirit into perfect symmetry by focusing on your overall well-being.



## Discerning Your Uniqueness

The Pointe Malibu Recovery Center understands the distinctive comforts to which you are accustomed, as well as the discreet care that you desire. So, to treat your substance use disorder as effectively as possible, without distress or disruption, we offer a facility of ultra-privacy and splendor.

More than simply views of the beach, we offer luxury residences located right on the sand, with magnificent vistas in all directions. Here, you will enjoy your own custom-appointed suite and receive the undivided attention of our professional staff in daily 1-on-1 therapy sessions. Within this truly exclusive setting, you can look forward to the best possible recovery outcome.

## Your Journey Starts Here

Many different issues may have brought you to where you are today. That is why The Pointe Malibu Recovery Center treats the underlying conditions behind your substance use disorder. Whether those causes are depression, anxiety, chronic pain, trauma or any number of other challenges, we respect your dignity and individuality in our total resolve to help. And we work tirelessly to establish a genuine bond of trust – one that is linked in a private, powerful clinician-client partnership.







## The Freedom to Change

As part of that understanding, we allow you the freedom to be you. And that means surrounding you with the kind of personal concierge-style service and superior accommodations you have come to expect in your life. You will enjoy an elite living experience, as well as managed access to network devices needed to maintain your professional commitments. In this way, you can initiate change without major disruptions to your routine and focus more directly on healing.



## A New Life Experience

An exclusive address in one of Malibu's most affluent beachfront communities ensures The Pointe Malibu clients of seaside tranquility, spectacular sunsets and a real sense of privacy and discretion. You can spend your free time walking the beach, meditating on an ocean view veranda, relaxing by the pool or simply enjoying a favorite pastime while refreshed by salt air breezes. You can also look forward to gourmet food experiences, with healthy, delicious meals prepared by our professional chef and a skilled culinary staff. When the mood strikes you, avail yourself to nutritious snacks or savor a cool refreshment from the juice bar.

To accommodate your special lifestyle, we provide:

- Private Luxury Suites
- Beachfront Views
- Indoor/Outdoor Design with Private Balconies
- Heated Pool & Spa
- Private Access to Beach
- Gourmet Dining





## Competence for Every Condition

Non-judgmental and extremely caring – no matter your beliefs, ethnicity, sexual preference, gender or gender identity – our degreed Doctoral and Masters-level clinical staff treats these serious conditions.

- Alcohol Use Disorder
- Substance Use Disorder
- Opioids Addiction
- Mental Health Issues
- Chronic Pain
- Co-Occurring Disorders
- Trauma

## Complete Continuum of Care

To adequately address these issues, we provide five critical levels of care:

- Detox Services
- Residential Treatment
- Partial Hospitalization
- Transitional Living
- Intensive Outpatient Programs





## Quality Treatment, Proven Science

We offer the following treatments and therapies in a discreet and private manner to our clients.

- IMS Certified (Incidental Medical Services)
- Medical Evaluation and Assessment
- Medically-Assisted Detox
- Psychiatric Evaluation and Assessment
- Psychological Evaluation and Assessment
- Treatment of Co-Occurring Disorders
- Medication Management
- Intensive Individual Therapy
- Group Therapy
- Family & Couples Therapy
- Attachment-Focused Treatment
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Somatic Therapy
- Trauma-Focused Treatment
- Experiential & Holistic Therapies
- Intensive Outpatient Treatment



## The Integrated Care Alliance – Multiple Stages of Understanding

At the heart of our care and recovery philosophy is our Integrated Care Alliance, anchored by four key support components: The Pointe Malibu clinical staff, the referring professional, caring family members and the client. This assures full competency, trust and support, while providing an uninterrupted continuum of care, from admissions through discharge and beyond.

Each person or group has input, responsibility and accountability for producing a favorable outcome. As our valued client striving to reclaim your life, you can be sure that you are never alone. And you can count on straightforward, honest dialogue to help you regain your position, family and life that was once yours to love and enjoy.

## Medical/Clinical Staff

Our medical team is comprised of licensed, board-certified physicians, including addictionologists and psychiatric professionals, who conduct individual sessions weekly or more. The staff-to-client ratio of our licensed clinical specialists, offering a variety of therapeutic modalities, is 5:1. And your assigned clinician remains committed to you, no matter how long your stay.

## Family

Family participation is fundamental for a successful outcome. Despite estrangements that may be prompted by addictive behavior, that inherent family love and concern is essential in identifying the systemic causes of a substance use or co-occurring disorder. We encourage honesty and emotional release among all family members, including our resident client.

## Referring Professional

Continuity is one of the most important elements of treatment at The Pointe Malibu. We keep your referring professional fully apprised of your progress and invite discussion and collaboration that will keep treatment fully coordinated at every phase of the recovery process.

## You, The Individual

Ultimately, it is your choice to change your path in life and embrace a recovery-focused lifestyle of purpose and meaningful relationships. With that in mind, and with the input of other alliance participants, we develop a program specifically customized to your background, personality and future goals. Your recovery is our one and only focus.





## Clinical Alliance – Professional Care, Human Touch

From the moment you enter our beautiful facility, you will receive compassionate care and understanding from our highly trained staff. This begins with a thorough diagnostic assessment where a distinct set of recovery goals is developed. Through additional consultations, our medical doctors and clinical director outline a customized plan for you.

**Detox** – We are IMS-certified for this medically-supervised service, which is your first step toward facilitating change and realizing the rewarding possibilities beyond substance use. It is an essential anchor for strengthening your mind, body and spirit.

**Rehabilitation** – Reflecting its exclusive nature, The Pointe Malibu offers daily 1-on-1 counseling and therapy, as well as group sessions and experiential activities. Structured with modalities that have scientifically-proven outcomes, your customized treatment plan is designed to evolve as you progress through your program.





## Referrer Alliance – Reinforcing a Crucial Link

The referring professional plays a unique role in assisting with rehabilitation and recovery. After all, he or she was one of the first to recognize your need for residential substance abuse treatment. So the professional holds a storehouse of knowledge that, when shared with our clinical team, can shine a light on the best course of action. Our goal is to involve the referrer in our alliance as much as possible, so that care is consistent and compatible. This entails, with your permission, regularly scheduled conversations and updates about treatments and progress. We believe that the best chance for unhindered recovery is a seamless hand-off to the referring professional, after your discharge from our facility.



## Family Alliance – Support From Those You Love

It's common for family members and other close loved ones to feel a wide range of emotions – from anger and distrust, to guilt, fear and helplessness – during this difficult time. Rather than letting those feelings simmer, we work to create a line of communication between you and your family of choice. This includes scheduled sessions where everyone can listen, and also be heard.

By bringing family together, many previously unspoken issues can be voiced, followed by honest discussion and in-depth soul-searching. We also encourage family members to see substance use or co-occurring disorders for what they are – a disease. This enables all parties to work toward healing and re-establishing the love and trust that has been jeopardized. As an integral part of our recovery program, family support continues well into the post-discharge phase.







## Personal Alliance – Restoring Your Purpose

In order to regain your mental and physical health, it's important to restore the balance to your personal life. At The Pointe Malibu Recovery Center, you can achieve this through our fully-coordinated daily counseling and therapy sessions, as well as through a wide choice of holistic activities and pursuits. We offer everything from surf therapy, to boxing, massage therapy, art therapy, hiking, Tibetan singing bowl healing, mindfulness and meditation. At every step, we work to establish trust in the recovery method, so that you are able to manage and deal with the triggers of life, without turning back to self-sabotaging behavior.





## Resources That Never End

Even as you first enter our center for treatment, our clinical team begins developing a customized plan for your eventual discharge. Our case managers work closely with your primary therapist who guides you throughout the entire process. This enables us to efficiently coordinate your departure and design a post-discharge plan for you that could include Intensive Outpatient care, our Transitional Living ranch house and/or some other form of managed care offering the best resources possible for full recovery.







## Forever Family

As a member of our ever-growing Alumni Program, you are invited back for ongoing support, at your convenience, to share stories and experiences that inform, enlighten and encourage. We continue to support your progress and provide you with options that serve you well in the outside world you have reclaimed. As an alum, you will know that there is always someone here for you – always a place to feel at home.





## Your Life Is Priceless

The Pointe Malibu's comprehensive, proprietary Integrated Care Alliance, supported by our complete continuum of care, has made us one of the most sought after private substance use and co-occurring disorder treatment facilities in the world. No effort is spared in making your treatment program, confidentiality and luxury surroundings the very highest level available. Our expert admissions department will work with your insurance company, if you so choose, to help reduce the cost of treatment for you. Your family, your career and especially your life are priceless. To prevent drugs and/or alcohol from stealing these away from you, you deserve the best possible treatment to live your best life.



## Looking Ahead, Moving Forward

Even when you leave our beautiful oceanfront facility, you are fully supported by our Integrated Care Alliance, combining the best of professional help, family love and your own indomitable spirit.

We commend you for seeking a new beginning for that successful life you have achieved. This time, however, you can live it more freely, without the baggage of the past. Once you resolve to regain what your disease has taken from you and find new purpose through The Pointe Malibu, you can embrace recovery in an exciting new world of rediscovery.

We invite you to call –  
in total confidentiality  
– to begin your  
recovery today.

**866-586-9060**





# The Pointe Malibu Recovery Center



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We Accept Most PPO Insurance



NATIONAL ASSOCIATION  
OF  
ADDICTION TREATMENT PROVIDERS

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration



**Psychology Today**